कार्यालय कम्युनिटी मेडिसिन विभाग
चंदुलाल चंद्राकर स्मृति शासकीय चिकित्सा महाविद्यालय कचान्दुर, जिला–दुर्ग (छ.ग.)

क्रं./572/कम्यु.मेडि/चं.चं.शा.चि.म./दुर्ग दिनांक–30/09/2025

प्रति,

अधिष्ठाता
चन्दूलाल चन्द्राकर स्मृति शासकीय चिकित्सा
महाविद्यालय,कचान्दुर,दुर्ग (छ.ग.)

विषयः– स्वास्थ्य शिविर कराने एवं रिपोर्ट प्रस्तुत करने बाबत्।

महोदयाजी,

उपरोक्त विषयांतर्गत लेख है कि कम्युनिटी मेडिसीन विभाग, चन्दुलाल चन्द्राकर स्मृति शासकीय चिकित्सा महाविद्यालय कचान्दुर, दुर्ग द्वारा स्वास्थ्य शिविर दिनांक 26.09.2025 को ग्राम–बोरवाय, तहसील–पाटन, जिला–दुर्ग में आयोजित किया गया जिसकी रिपोर्ट आपकी ओर सादर प्रेषित है।

संलग्नः–

01. उपरोक्तानुसार

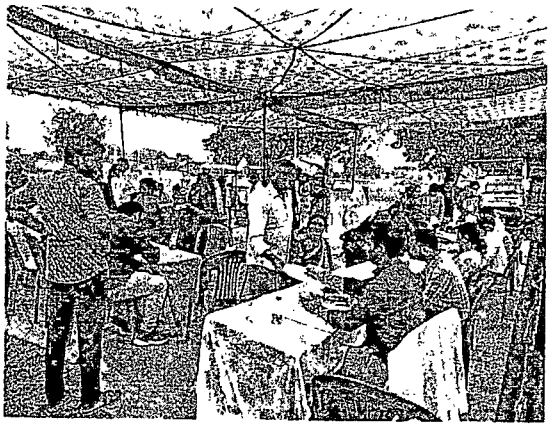
30/9/25

विभागाध्यक्ष
(कम्युनिटी मेडिसिन विभाग)
शासकीय चिकित्सा महाविद्यालय
कंचादुर, दुर्ग (छ.ग.)

Medical College Kachandur Receipt No. 5340 Date 30/09/2025

Department of Community Medicine
CCM Govt. Medical College Durg (CG)
Health Camp Report

1) **Name Of Event-** Health Camp at UHC BORWAY.PATAN, DURG
2) **Objectives-** Provide Health Care to the residents of BORWAY, PATAN Dist- DURG
3) **Date Of Event-** 26/09/2025
4) **Organized by:** CCMGMC Medical College, Kachandur Durg
5) **Total Number of Beneficiary – 172** patients were benefitted
6) **Total Number Of Staff Participated in camp-** 10 Doctors & 09 Other Staff
7) **Photos-**



8) Consolidate Report-

On 26/09/2025, a health camp was organized by CCMGMC Medical College at UHC BORWAY.PATAN, DURG.

The camp was conducted by Community Medicine Department with faculties Dr. Leena Chandra (S.R.), and Dr. Abhishek Rai (Tutor) under guidance of Dr.Saurabh Kumar Sahu Head, Department of Community Medicine, CCM Govt. Medical college along with team of dedicated medical professionals from General Medicine,Orthopedic, Dermatology, Opthalmology, ENT, Pediatric, Obs-Gynae & Surgery Departement.

A total of **172** patients were attended during the camp.

S.NO.	DEPARTMENT	NO. OF OPD
1.	General Medicine	64
2.	Orthopedic	31
3.	Dermatology	11
4.	Opthalmology	21
5.	ENT	11
6.	Pediatric	00
7.	Obs-Gynae	10
8.	Surgery	02
9.	Dentistry	22

Following were the key activities-

1. Health Check-ups: Each resident received a comprehensive health assessment. Vital signs, including blood pressure, heart rate, and glucose levels, were monitored.
2. Medical Consultations: Specialized doctors provided consultations, addressing a range of health issues such as chronic illnesses, mobility concerns, and skin conditions.
3. Medication Distribution: Following the consultations, necessary medications were prescribed and distributed to residents. The team ensured that each resident understood their treatment regimen.
4. Health Education: Informational sessions were conducted on topics such as nutrition, physical activity, and managing chronic conditions. This empowered residents with knowledge for better health management.

All The patients were advised to have regular check-ups with diet and life style modifications along with referals. The camp concluded by 2 pm.

29/9/25

Dr.Saurabh Kumar Sahu
Asst. Professor & HOD
Community Medicine Department

जनसेवा

बोरवाय में लगाया गया निःशुल्क स्वास्थ्य जांच शिविर

145 ग्रामीणों ने कराया उपचार

नवभारत रिपोर्टर । जामगांव आर।

ग्राम पंचायत बोरवाय के उपस्वास्थ्य केंद्र में शुक्रवार को सीएम हॉस्पिटल कुरुद, भिलाई दुर्ग की मेडिकल टीम ने निःशुल्क स्वास्थ्य एवं चिकित्सा शिविर का आयोजन किया गया। इस अवसर पर ग्राम बोरवाय, खोला, औरीं एवं आसपास के क्षेत्रों से 145 ग्रामीणों ने स्वास्थ्य परीक्षण व उपचार का लाभ लिया। शिविर में उपस्थित नागरिकों को निशुल्क दवाइयाँ भी वितरित की गईं। शिविर में डॉ. पुष्पराज सिंह,डॉ. लीना चंद्रा, डॉ. अभिषेक राय,डॉ. मुरारी कुमार सा –डॉ. भारती साहू,डॉ. लोकेश कुमार साहू, डॉ. राकेश कुमार,डॉ. अदिति वर्मा,डॉ. असमित चावला, डॉ. चेतना सिंह,नीता ठाकुर, सीएचओ गायत्री चंद्राकर, सुपरवाइजर उत्तम मधुकर, मितानिन कार्यकर्ता गिरिजा चंद्राकर, शशि प्रभा दाहरे, गोमती दाहरे सहित स्वास्थ्य अमले ने ग्रामीणों की जांच कर आवश्यक चिकित्सा उपचार एवं परामर्श दिया। मौके पर सरपंच मीनू राकेश शर्मा ने कहा कि हमारे गाँव व आसपास के क्षेत्रों के लोगों के लिए यह स्वास्थ्य शिविर अत्यंत महत्वपूर्ण है। निशुल्क जांच व दवाइयों से ग्रामीणों को स्वास्थ्य संबंधी समस्याओं का तुरंत समाधान मिल रहा है। उपसरपंच नूतन रूपलाल साहू, हेमंत टंडन, महेश चंद्राकर, पूर्णिमा जोशी, पुष्पलता खिलेश्वर, हीरालाल चंद्राकर, राजू तिवारी, सकून चंद्राकर, केशरी साहू, लाकेश्वर साहू आदि उपस्थित ।

कार्यालय कम्युनिटी मेडिसिन विभाग
चंदुलाल चंद्राकर स्मृति शासकीय चिकित्सा महाविद्यालय कचान्दुर, जिला–दुर्ग (छ.ग.)

क्रं./602/कम्यु.मेडि/चं.चं.शा.चि.म./दुर्ग दिनांक– 06/11/2025

प्रति,

अधिष्ठाता
चन्दूलाल चन्द्राकर स्मृति शासकीय चिकित्सा
महाविद्यालय,कचान्दुर,दुर्ग (छ.ग.)

विषयः– स्वास्थ्य शिविर रिपोर्ट प्रस्तुत करने बाबत्।

महोदयाजी,

उपरोक्त विषयांतर्गत लेख है कि कम्युनिटी मेडिसीन विभाग, चन्दुलाल चन्द्राकर स्मृति शासकीय चिकित्सा महाविद्यालय कचान्दुर, दुर्ग द्वारा स्वास्थ्य शिविर दिनांक 04.11.2025 को नवोदय विद्यालय बोरई, जिला–दुर्ग में आयोजित किया गया जिसकी रिपोर्ट आपकी ओर सादर प्रेषित है।

संलग्नः–

01. स्वास्थ्य शिविर रिपोर्ट

06/11/25

विभागाध्यक्ष
(कम्युनिटी मेडिसिन विभाग)
शासकीय चिकित्सा महाविद्यालय
कचांदुर, दुर्ग (छ.ग.)

Prof. & HOD
Dept. of Community Medicine
CCM Govt. Medical College
Kachandur, Durg(C.G.)

CCM Govt. Medical College Kachandur, Durg
Received
Date 6/11/25
No. 6007

IT
website
Steno
6/11

Department of Community Medicine
CCM Govt. Medical College Durg (CG)

Health Camp Report

1) Name Of Event- Health Camp at NAVODAYA VIDYALAYA , BORAI , DURG.

2) Objectives- Provide Health Care to the Students & Residents of NAVODAYA VIDYALAYA , BORAI , Dist- DURG

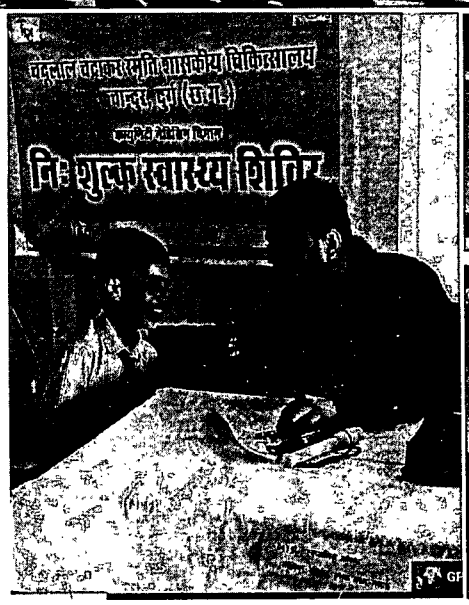
3) Date Of Event- 04/11/2025

4) Organized by: CCMGMC Medical College, Kachandur Durg

5) Total Number of Beneficiary – 280 patients were benefitted

6) Total Number Of Staff Participated in camp- 12 Doctors & 09 Other Staff

7) Photos-



8) Consolidate Report- On 04/11/2025, a health camp was organized by CCMGMC Medical College at NAVODAYA VIDYALAYA , BORAI , DURG

The camp was conducted by Community Medicine Department with faculties Dr. Saurabh Kumar Sahu (H.O.D. Community Medicine.) Dr. Neelima Koreti (S.R.), and Dr. Abhishek Rai (Tutor) Department of Community Medicine, CCM Govt. Medical college along with team of dedicated medical professionals from General Medicine, Orthopedic, Dermatology, Opthalmology, ENT, Pediatric, Obs-Gynae , Psychiatry & Dental Departement.

A total of **280** patients were attended during the camp.

S.NO.	DEPARTMENT	NO. OF OPD
1.	General Medicine	24
2.	Orthopedic	16
3.	Dermatology	25
4.	Opthalmology	51
5.	ENT	30
6.	Pediatric	66
7.	Obs-Gynae	28
8.	Psychiatry	14
9.	Dentistry	26

Following were the key activities-

1. Health Check-ups: Each resident received a comprehensive health assessment. Vital signs, including blood pressure, heart rate, and glucose levels, were monitored.
2. Medical Consultations: Specialized doctors provided consultations, addressing a range of health issues such as chronic illnesses, mobility concerns, and skin conditions.
3. Medication Distribution: Following the consultations, necessary medications were prescribed and distributed to residents. The team ensured that each resident understood their treatment regimen.
4. Health Education: Informational sessions were conducted on topics such as nutrition, physical activity, and managing chronic conditions. This empowered residents with knowledge for better health management.

All the patients were advised to have regular check-ups with diet and life style modifications along with referals. The camp concluded by 5 pm.

Dr. Neelima D. Koreti

Neelima
06/11/2025

Saurabh
06/11/25

Dr.Saurabh Kumar Sahu
Asst. Professor & HOD
Community Medicine Department

कार्यालय कम्युनिटी मेडिसिन विभाग
चंदुलाल चंद्राकर स्मृति शासकीय चिकित्सा महाविद्यालय कचान्दुर, जिला–दुर्ग (छ.ग.)

क्रं./603/कम्यु.मेडि/चं.चं.शा.चि.म./दुर्ग दिनांक– 06/11/2025

प्रति,

अधिष्ठाता
चन्दूलाल चन्द्राकर स्मृति शासकीय चिकित्सा
महाविद्यालय,कचान्दुर,दुर्ग (छ.ग.)

विषयः– गोद ग्राम ढौर की शिविर रिपोर्ट प्रस्तुत करने बाबत्।

महोदयाजी,

उपरोक्त विषयांतर्गत लेख है कि कम्युनिटी मेडिसीन विभाग, चन्दुलाल चन्द्राकर स्मृति शासकीय चिकित्सा महाविद्यालय कचान्दुर, दुर्ग द्वारा गोद ग्राम ढौर में स्वास्थ्य संबंधी गतिविधियों का शिविर, दिनांक 04.11.2025 को लगाया गया था जिसकी रिपोर्ट आपकी ओर सादर प्रेषित है।

संलग्नः–

01. शिविर रिपोर्ट

06/11/25

विभागाध्यक्ष
(कम्युनिटी मेडिसिन विभाग)
शासकीय चिकित्सा महाविद्यालय
कंचांदुर, दुर्ग (छ.ग.)

Prof. & H.O.D.
Dept. of Community Medicine
Govt. Medical College
Kachandur, Durg (C.G.)

Dept. of CCM Govt. Medical College Kachandur, Durg
Receipt No. 6008
Date 06/11/25

Department of Community Medicine
CCM Govt. Medical College Durg (CG)
Health Education
ACTIVITY AT ADOPTED VILLAGE

1) Name Of Event- Goverment Primary And Middle School & Village-Dhour , Dist- DURG
2) Objectives- To aware and educate School going students & villagers about importance of hand washing and clean drinking water practices.
3) Date Of Event- 04/11/2025
4) Organized by: Department Of Community Medicine CCMGMC Medical College, Kachandur Durg
5) Photos-

Prof. & H.O.D.
Dept. of Community Medicine
CCM Govt. Medical College
Kachandur, Durg(C.G.)

Prof & H.O.D.
Deptt of Community Medicine
CCM Govt. Medical College
Kachandur, Durg(C.G.)

8) Consolidate Report-

The students of 2024 Batch D (Clinical Posting) performed an informative and engaging skit on the topic "Hand Washing Practices and Clean Drinking Water Supplies." The event aimed to create awareness among school students and among the villagers regarding the importance of maintaining proper hygiene and ensuring access to safe drinking water for disease prevention.

The skit effectively demonstrated the five steps of proper handwashing technique, the role of hand hygiene in preventing communicable diseases, and the importance of using clean and safe water sources to avoid waterborne illnesses such as diarrhea, typhoid, and cholera. Through humor, relatable characters, and real-life scenarios, the students conveyed key public health messages in a simple yet impactful manner.

The performance was well appreciated by faculty members and the audience for its clarity, creativity, and educational value. It also highlighted the students' understanding of community health principles and their ability to translate theoretical knowledge into practical health education activities.

Overall, the skit was successful in promoting health awareness and served as an excellent example of health education through participatory learning.

Students efforts were appreciated by the principal and faculty of school and villagers

9) Conclusion

The skit effectively highlighted the importance of hand hygiene and clean drinking water in disease prevention. It was informative, engaging, and helped promote healthy practices among students and the community.

Dr. Abhishek Rai
06/11/25
Faculty Incharge

Dr.Saurabh Kumar Sahu
Asst. Professor & HOD
Community Medicine Department
Deptt. of Community Medicine
CCM Govt. Medical College
Kachandur, Durg(C.G.)

कार्यालय कम्युनिटी मेडिसिन विभाग
चंदुलाल चंद्राकर स्मृति शासकीय चिकित्सा महाविद्यालय कचान्दुर, जिला–दुर्ग (छ.ग.)

क्रं./662/कम्यु.मेडि/चं.चं.शा.चि.म./दुर्ग दिनांक– 17/12/2025

प्रति,

अधिष्ठाता
चन्दूलाल चन्द्राकर स्मृति शासकीय चिकित्सा
महाविद्यालय,कचान्दुर,दुर्ग (छ.ग.)

विषयः– स्वास्थ्य शिविर रिपोर्ट प्रस्तुत करने बाबत्।

महोदयाजी,

उपरोक्त विषयांतर्गत लेख है कि कम्युनिटी मेडिसीन विभाग, चन्दुलाल चन्द्राकर स्मृति शासकीय चिकित्सा महाविद्यालय कचान्दुर, दुर्ग द्वारा स्वास्थ्य शिविर दिनांक 04.11.2025 को नवोदय विद्यालय बोरई, जिला–दुर्ग में आयोजित किया गया था। जिसकी रिपोर्ट महाविद्यालय की वेबसाइट में अपलोड करने एवं आपकी ओर सादर सादर प्रेषित है।

(कृपया महाविद्यालय की वेबसाइट में अपलोड करने का कष्ट करेंगे)

संलग्नः–

01. (03) स्वास्थ्य शिविर रिपोर्ट

Prof & H.O.D.
Dept. of Community Medicine
Govt. Medical College
Kachandur, Durg (C.G.)

विभागाध्यक्ष
(कम्युनिटी मेडिसिन विभाग)
शासकीय चिकित्सा महाविद्यालय
कंचादुर, दुर्ग (छ.ग.)

Medical College Kachandur, Durg (C.G.) CCM
Receipt No. 6836
Date 17/12/25

ITcell/8.S./Deptt

Dean

Department of Community Medicine
CCM Govt. Medical College Durg (CG)

Mental Health Camp Report

1) Name Of Event- Mental Health Camp at NAVODAYA VIDYALAYA , BORAI , DURG.

2) Objectives- Provide Metnal Health Care to the Students & Residents of NAVODAYA VIDYALAYA , BORAI , Dist- DURG

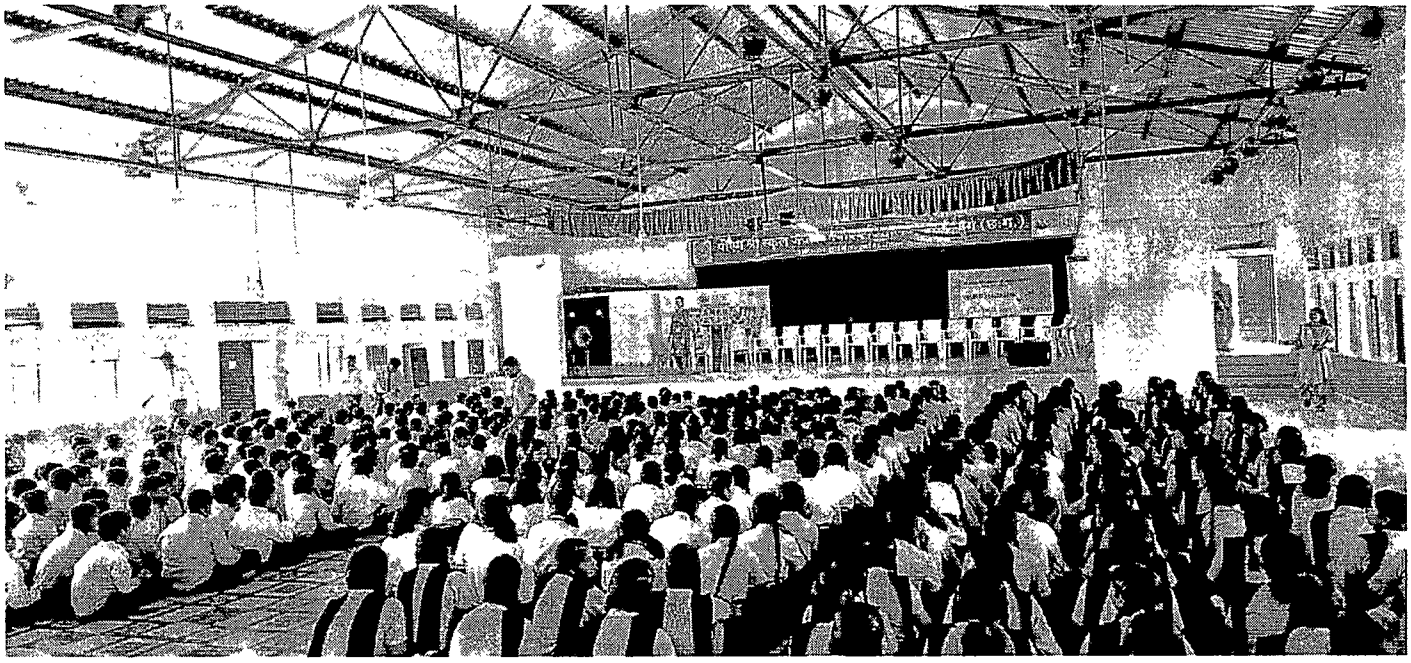
3) Date Of Event- 04/11/2025

4) Organized by: CCMGMC Medical College, Kachandur Durg

5) Total Number of Beneficiary – 280 patients were benefitted

6) Total Number Of Staff Participated in camp- 2 Doctors & 04 Other Staff

7) Photos-



Objective of the Camp

- The Mental Health Camp was conducted with the primary aims to:
- Increase awareness about mental health and emotional wellbeing among students.
- Identify early signs of stress, anxiety, depression, and behavioural concerns.
- Provide guidance on coping strategies, exam stress management, and peer support.
- Offer individual counselling to students requiring further attention.
- Strengthen teacher and parent understanding of adolescent mental health.

2. Activities Conducted

a) Introductory Session

- Brief introduction about the importance of mental health.
- Explanation of common issues faced by adolescents: academic stress, bullying, social pressure, sleep problems, screen addiction, etc.

Prof. & H.O.D.
Deptt. of Community Medicine
CCM Govt. Medical College
Kachandur, Durg(C.G.)

b) Awareness Talk

Topics covered:

- What is mental health and why it matters
- Recognising signs of stress, anxiety, depression
- Healthy lifestyle and sleep hygiene

c) Group Workshops

- Stress management techniques (breathing exercises, grounding techniques).
- Communication skills & peer support sessions.
- Anger and emotion regulation strategies.

3. Key Findings

- Many students reported exam-related stress and anxiety.
- Cases of sleep issues due to mobile use were commonly observed.
- A few students showed signs suggestive of mild depressive symptoms, requiring further follow-up.
- Some behavioural concerns such as peer conflict, lack of attention, and emotional instability were noted.

4. Recommendations

- Regular monthly mental health awareness sessions in the school.
- Establish a School Mental Health Committee with teachers and counsellors.
- Encourage daily mindfulness or relaxation exercises during morning assembly.
- Limit screen time and promote physical activity among students.
- Follow-up counselling for identified students at CHC/PHC Psychologist.

Training for teachers on adolescent counselling

5) Consolidate Report- On 04/11/2025, a Mental health camp was organized by CCMGMC Medical College at NAVODAYA VIDYALAYA , BORAI, DURG

The camp was conducted by Psychiatry Department Dr. Ruchika Mishra (J.R) under Department of Community Medicine, CCM Govt. Medical College

A total of **280** patients were attended during the camp.

Dr.Saurabh Kumar Sahu
Asst.Professor & HOD
Community Medicine Department
CCM Govt. Medical College
Kachandur, Durg(C.G.)

Asst. Prof. & H.O.D.
Community Medicine

Department of Community Medicine
CCM Govt. Medical College Durg (CG)

Menstrual Health Camp Report

1) Name Of Event- Menstrual Health Camp at NAVODAYA VIDYALAYA , BORAI , DURG.

2) Objectives- Provide Menstrual Health Care to the Students & Residents of NAVODAYA VIDYALAYA , BORAI , Dist- DURG

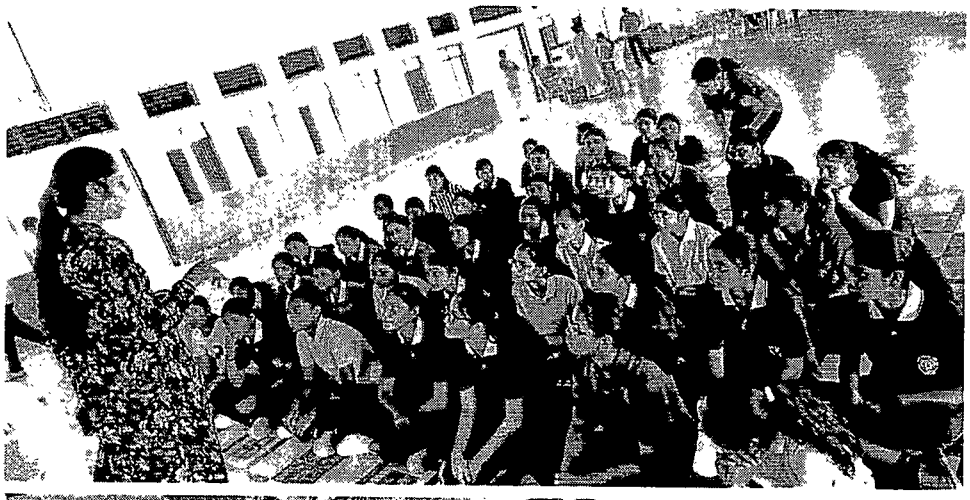
3) Date Of Event- 04/11/2025

4) Organized by: CCMGMC Medical College, Kachandur Durg

5) Total Number of Beneficiary – 150 patients were benefitted

6) Total Number Of Staff Participated in camp- 1 Doctor & 05 Other Staff

7) Photos-



1. Objectives of the Camp

- The Menstrual Health Camp was conducted with the following objectives:
- To create awareness regarding menstruation as a normal physiological process.
- To educate adolescent girls about menstrual hygiene practices.
- To address myths, misconceptions, and taboos related to menstruation.

2. Activities Conducted

- Introductory Session
- Introduction to the importance of menstrual health and hygiene.
- Interactive discussion to understand students' existing knowledge and concerns.
- Awareness & Health Education Session

Prof. & H.O.D.
Dept. of Community Medicine
CCM Govt. Medical College
Kachandur, Durg(C.G.)

Topics covered:

- Physiology of menstruation (in simple language).
- Menstrual cycle and normal variations.
- Use of sanitary pads, menstrual cups, and safe disposal methods.

c) Myth-Busting Session

- Addressed common myths related to food, bathing, physical activity, and school attendance during periods.
- Encouraged open discussion and questions from students.

d) Screening & Individual Interaction

- Private interaction with students reporting menstrual problems.
- Identification of students with issues such as severe pain, irregular cycles, excessive bleeding, or missed periods.
- Counselling provided regarding lifestyle modifications and need for medical consultation.

e) Demonstration

- Demonstration of correct sanitary pad usage and disposal.
- Information on availability of free/subsidised sanitary napkins under government schemes.

3. Participation Details

- Total Girls Attended: 150
- Students with Menstrual Complaints: 30
- Students Counselled Individually: 8
- Teachers/Female Staff Present: 5

4. Key Observations

- Many students lacked correct knowledge about the menstrual cycle.
- Dysmenorrhea and irregular cycles were common complaints.

5. Recommendations

- Regular menstrual health education sessions in schools.
- Availability of sanitary pads in school premises at all times.

6. Conclusion

The Menstrual Health Camp at Jawahar Navodaya Vidyalaya was successfully conducted with active participation from students. The camp helped in breaking myths, improving knowledge, and promoting healthy menstrual practices. The initiative was well received by students and school authorities, highlighting the need for regular follow-up programs.

7. Consolidate Report- On 04/11/2025, a Menstrual health camp was organized by CCMGMC Medical College at NAVODAYA VIDYALAYA , BORAI, DURG

The camp was conducted by Obstetrics & Gynaecology Department with Dr. Uma Bharti (J.R) under Department of Community Medicine, CCM Govt. Medical College

A total of **150** patients were attended during the camp.

Prof. & H.O.D.
Dr.Saurabh Kumar Sahu
Deptt. of Community Medicine
Asst. Professor & HOD
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c) Demonstration

- Live demonstration of correct tooth brushing technique using a dental model.
- Guidance on rinsing after meals and maintaining oral hygiene.

d) Dental Screening

- Oral examination of students using disposable instruments and proper infection control.
- Identification of dental caries, gingivitis, plaque, malocclusion, and other oral conditions.
- Students with dental complaints were counselled individually.

3. Participation Details

- Total Students Screened: 123
- Students with Dental Caries: 30
- Students with Gum Problems: 20

4. Key Observations

- Dental caries and poor oral hygiene were commonly observed among students.
- Inadequate brushing technique and high intake of sugary foods were noted.
- Regular dental screening camps in schools.
- Reinforcement of brushing and oral hygiene education during school hours.
- Availability of fluoride toothpaste and oral hygiene materials.

The Dental Health Camp at Jawahar Navodaya Vidyalaya was successfully conducted with active participation from students and staff. The camp helped in early detection of dental problems and improved awareness regarding oral hygiene. The school administration appreciated the initiative and expressed the need for periodic dental health programs.

7. Consolidate Report- On 04/11/2025, a Dental health camp was organized by CCMGMC Medical College at NAVODAYA VIDYALAYA , BORAI, DURG

The camp was conducted by Dental Department Dr. Pushpraj Singh (A.P) under Department of Community Medicine, CCM Govt. Medical College

A total of **123** patients were attended during the camp.

Prof. & H.O.D.
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Asst. Professor & HOD
Community Medicine Department

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Kachandur, Durg (C.G.)

Department of Community Medicine
CCM Govt. Medical College Durg (CG)

Dental Health Camp Report

1) Name Of Event- Dental Health Camp at NAVODAYA VIDYALAYA , BORAI , DURG.

2) Objectives- Provide Dental Health Care to the Students & Residents of NAVODAYA VIDYALAYA , BORAI , Dist- DURG

3) Date Of Event- 04/11/2025

4) Organized by: CCMGMC Medical College, Kachandur Durg

5) Total Number of Beneficiary – 123 patients were benefitted

6) Total Number Of Staff Participated in camp- 1 Doctors & 05 Other Staff

7) Photos-

Objectives of the Camp

- The Dental Health Camp was conducted with the following objectives:
- To promote awareness about oral and dental hygiene among school students.
- To identify common dental problems at an early stage.

2. Activities Conducted

a) Introductory Session

- Brief introduction on the importance of oral health and its relation to general health.
- Explanation of common dental problems seen in school-aged children.

b) Awareness & Health Education Session

- Topics covered:
- Structure and function of teeth.
- Causes of dental caries and gum disease.
- Importance of brushing twice daily and use of fluoride toothpaste.
- Correct brushing technique and flossing.
- Harmful effects of tobacco, gutkha, and excessive sugary foods.
- Importance of regular dental check-ups.

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Kachandur, Durg(C.G.)

कार्यालय कम्युनिटी मेडिसिन विभाग
चंदुलाल चंद्राकर स्मृति शासकीय चिकित्सा महाविद्यालय कचान्दुर, जिला–दुर्ग (छ.ग.)

क्रं. 673 / कम्यु.मेडि / चं.चं.शा.चि.म. / दुर्ग दिनांक 26 / 12 / 2025

प्रति,

अधिष्ठाता
चन्दूलाल चन्द्राकर स्मृति शासकीय चिकित्सा
महाविद्यालय,कचान्दुर,दुर्ग (छ.ग.)

विषयः– स्वास्थ्य शिविर गोद ग्राम की रिपोर्ट प्रस्तुत करने बाबत्।

महोदयाजी,

उपरोक्त विषयांतर्गत लेख है कि कम्युनिटी मेडिसीन विभाग, चन्दुलाल चन्द्राकर स्मृति शासकीय चिकित्सा महाविद्यालय कचान्दुर, दुर्ग द्वारा गोद ग्राम में स्वास्थ्य शिविर दिनांक 09.12.2025 को आयोजित किया गया था। जिसकी रिपोर्ट आपकी ओर सादर सादर प्रेषित है।

(कृपया महाविद्यालय की वेबसाइट में अपलोड करने का कष्ट करेंगे)

संलग्नः–

01. स्वास्थ्य शिविर रिपोर्ट।

NB | 17/12/25

Prof. & H.O.D.
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Kachandur, Durg
कचांदुर, दुर्ग (छ.ग.)

Govt. Medical College Kachandur, Durg
Receipt No. 7003
Date 26/12/25

- Interaction with households about symptoms, prevention & treatment
- Emphasizing the importance of taking MDA drugs

2) Coverage :

- Total households visited: 40
- Total people interacted with: 125
- Community acceptance: Moderate

3. Key Findings : During home visits, the following observations were noted:

- Many residents were aware of mosquito-borne diseases but not specifically filariasis.
- Some families expressed fear or hesitation about taking DEC due to misconceptions.

4. HEALTH MESSAGES DELIVERED

The following important points were communicated to the community:

Importance of MDA Drugs

- DEC + Albendazole prevent filariasis
- Safe for consumption in eligible populations
- Must be taken once yearly, under supervision

Prevention of Filariasis

- Use bed nets and mosquito repellents
- Keep surroundings clean
- Do not allow stagnant water

Symptoms Explained

- Repeated fever
- Swelling of legs, arms, breasts, or testicles

Challenges Observed

- Some households were not available during daytime
- Misconceptions about side effects of DEC
- Few areas had poor drainage contributing to mosquito breeding

Sanitation level: **Moderate**; some areas had open drains and mosquito breeding sites

Consolidate Report- On 09/12/2025, a health camp was organized by CCMGMC Medical College at KURUD, DURG The filaria awareness activity in KURUD (Urban) was successful in reaching multiple households and educating the community. Continued efforts, especially during MDA rounds, will improve drug compliance and reduce the risk of lymphatic filariasis in the area.

The camp was conducted by Community Medicine Department with faculty Dr. Mohd Ashaar Khan (Tutor) Department of Community Medicine, CCM Govt. Medical College along with staff members . Following were the key activities

1. Household Visits:Conducted door-to-door visits to spread filaria awareness and interact with families.
2. Health Education:
Provided brief messages on symptoms, prevention, and importance of MDA (DEC + Albendazole).
3. Myth Busting:
Cleared common misconceptions regarding drug side effects and eligibility.
4. Mosquito Prevention Advice:
Guided households on removing stagnant water and using nets/repellents.
5. Symptom Screening:
Asked for any swelling of legs, lymphoedema, or hydrocele; noted suspected cases.

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Head of Department
Community Medicine Department
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Kachandur, Durg(C.G.)

Department of Community Medicine
CCM Govt. Medical College Durg (CG)

Health Camp Report

1) Name Of Event- Filarial Awareness Activity at KURUD, DURG.

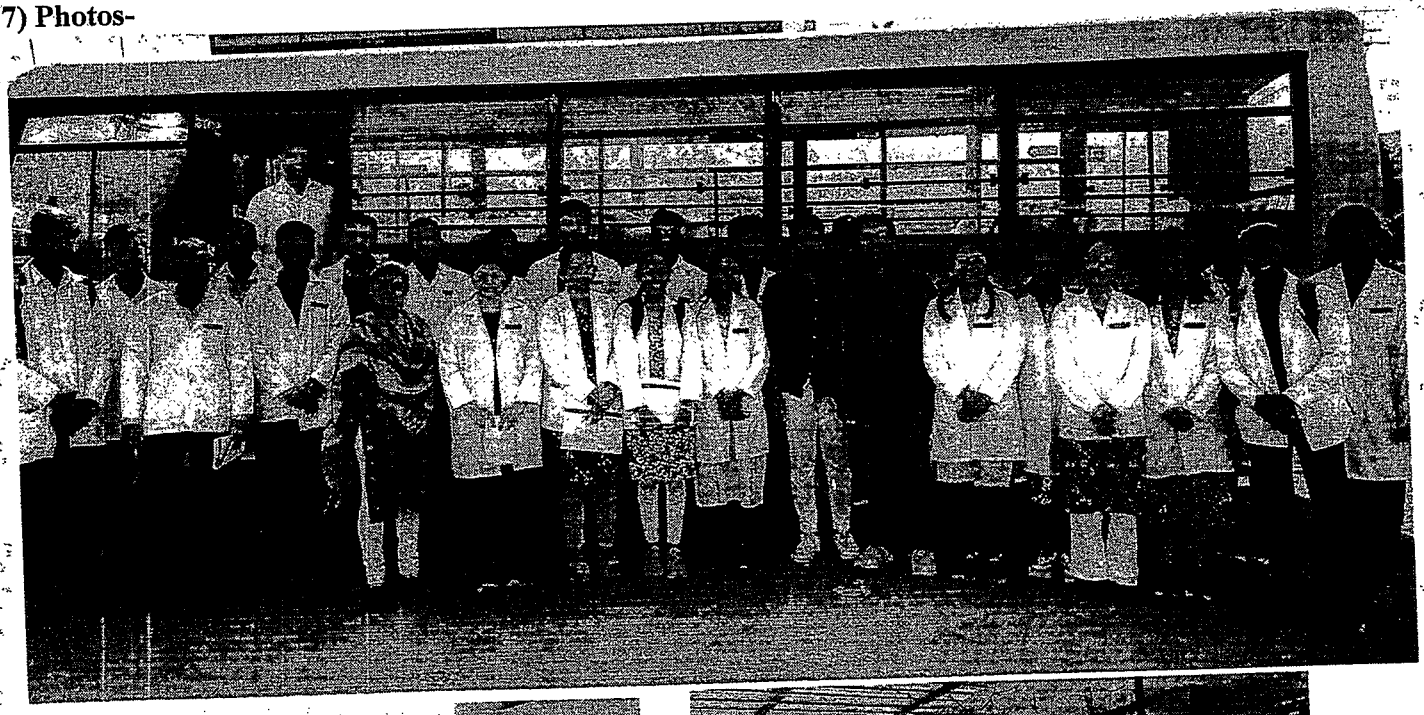
2) Objectives- The primary objective was to create awareness about Lymphatic Filariasis (LF) among the residents of Kurud (Urban) as part of preventive public health measures and to promote compliance with Mass Drug Administration (MDA) of Albendazole & DEC

3) Date Of Event- 09/12/2025

4) Organized by: CCMGMC Medical College, Kachandur Durg

6) Total Number Of Staff Participated in camp- 1 Doctor , 2 Interns & 23 Students

7) Photos-



1) Methods Used : The health team conducted house-to-house visits, interacted with families, and provided key health messages.

Activities included:

- Door-to-door awareness campaign

कार्यालय कम्युनिटी मेडिसिन विभाग
चंदुलाल चंद्राकर स्मृति शासकीय चिकित्सा महाविद्यालय कचान्दुर, जिला–दुर्ग (छ.ग.)

क्र / 33/ कम्यु.मेडि / च.चं शा.चि.म / दुर्ग दिनांक–28 /01 / 2025

प्रति,

अधिष्ठाता
चन्दूलाल चन्द्राकर स्मृति शासकीय चिकित्सा
महाविद्यालय,कचान्दुर,दुर्ग (छ.ग.)

विषयः– कुष्ठ रोग की जागररूकता रैली रिपोर्ट प्रस्तुत करने बाबत्।

महोदयाजी,

उपरोक्त विषयांतर्गत लेख है कि कम्युनिटी मेडिसीन विभाग, चन्दुलाल चन्द्राकर स्मृति शासकीय चिकित्सा महाविद्यालय कचान्दुर, दुर्ग द्वारा दिनांक 14.01.2026 को आरएचटीसी नगपुरा में कुष्ठ रोग के प्रति जन जागरूकता रैली निकाली गई, जिसमें कम्यूनिटी मेडिसीन विभाग से 01 डॉक्टर 02 इन्टर्न व 18 छात्र–छात्राएं ने रोग के प्रति संवेदनशीलता की कमी वाले त्वचा के धब्बों का शीघ्र पता लगाने, उचित उपचार (एमडीटी) पर जोर दिया। जिसकी रिपोर्ट आपकी ओर सादर सादर प्रेषित है।
(कृपया महाविद्यालय की वेबसाइट में अपलोड करने का कष्ट करेंगे)

संलग्नः–

01. कुष्ठ रोग की जन जागरूकता रैली रिपोर्ट।

विभागाध्यक्ष
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Dept. of Community Medicine
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Govt. Medical College Kachandur
Received
566
28/01/26

Department of Community Medicine
CCM Govt. Medical College Durg (CG)
Leprosy Awareness Skit – "Leprosy is Curable, The Real Challenge is Stigma"

1) **Name Of Event-** Leprosy Awareness Skit – "Leprosy is Curable, The Real Challenge is Stigma"

2) **Introduction-** In accordance with the WHO 2026 theme "Leprosy is Curable, The Real Challenge is Stigma", a Leprosy Awareness Skit was performed by MBBS students to create awareness regarding leprosy, its early symptoms, availability of free treatment, and the social stigma associated with the disease. The activity aimed to promote early reporting and reduce discrimination against affected individuals.

AREA VISITED – Rural Health Training Center, Nagpura.

3) **Objectives-**

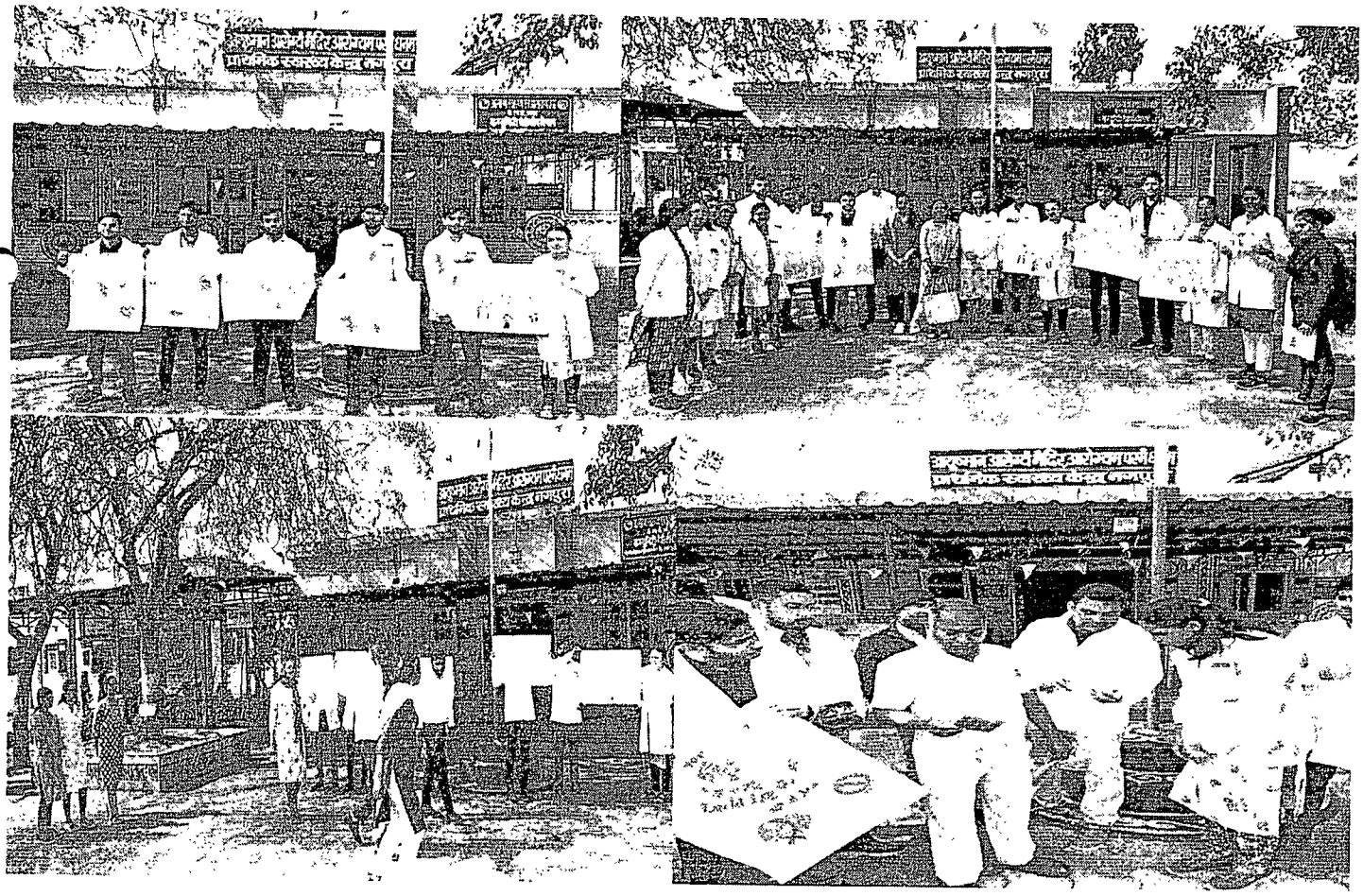
- To educate the community about leprosy as a curable disease
- To demonstrate early signs and symptoms of leprosy through a skit.
- To reduce stigma and misconceptions related to leprosy.
- To promote early diagnosis and completion of MDT.

4) **Date Of Event-** 14/01/2026

5) **Organized by:** CCMGMC Medical College, Kachandur Durg

6) **Total Number Of Staff Participated in camp-** 1 Doctor, 2 Interns & 18 Students

7) **Photos-**



8) Methods Used – An educational skit was performed by MBBS students in the RHTC Nagpura campus depicting:

- Early symptoms of leprosy
- Availability of free MDT
- Importance of early diagnosis
- Social stigma faced by patients and how to overcome it
- Post-skit interaction was conducted to clarify doubts and reinforce health messages.

9) Coverage -

Total Audience present : 30
Total people interacted with: 15
Community acceptance: Good

10) Key Findings –

- Many individuals were unaware that leprosy is completely curable
- Stigma and fear of social isolation were common misconceptions
- Some people did not know about the availability of free MDT.

11) HEALTH MESSAGES DELIVERED

- Leprosy is a curable disease.
- Early diagnosis prevents disability
- MDT is available free of cost at government health facilities
- Stigma and discrimination must be eliminated

Consolidate Report-

On 14/01/2026, a Leprosy Awareness Skit was organized at RHTC Nagpura by the Department of Community Medicine. CCM Government Medical College, Kachandur, Durg, under the overall guidance of Dr. Saurabh Kumar Sahu (Head of Department)

The RHTC field visit and on-site coordination were carried out by Dr. Neelima Koreti (Senior Resident) along with Interns and MBBS students who performed the skit and interacted with the community to disseminate key messages on leprosy awareness and stigma reduction.

HOD
Community Medicine Department

कार्यालय कम्युनिटी मेडिसिन विभाग
चंदुलाल चंद्राकर स्मृति शासकीय चिकित्सा महाविद्यालय कचान्दुर, जिला–दुर्ग (छ.ग.)

क्रं./32/कम्यु.मेडि/चं.चं.शा.चि.म./दुर्ग दिनांक–28/01/2026

प्रति,

अधिष्ठाता
चन्दूलाल चन्द्राकर स्मृति शासकीय चिकित्सा
महाविद्यालय,कचान्दुर,दुर्ग (छ.ग.)

विषयः– कुष्ठ रोग की जागररूकता रैली रिपोर्ट प्रस्तुत करने बाबत्।

महोदयाजी,

उपरोक्त विषयांतर्गत लेख है कि कम्युनिटी मेडिसीन विभाग, चन्दुलाल चन्द्राकर स्मृति शासकीय चिकित्सा महाविद्यालय कचान्दुर, दुर्ग द्वारा दिनांक 07.01.2026 को गोद ग्राम कुरूद में कुष्ठ रोग के प्रति जन जागरूकता रैली निकाली गई, जिसमें कम्यूनिटी मेडिसीन विभाग से 01 डॉक्टर 03 इन्टर्न व 48 छात्र–छात्राएं ने रोग के प्रति संवेदनशीलता की कमी वाले त्वचा के धब्बों का शीघ्र पता लगाने, उचित उपचार (एमडीटी) पर जोर दिया। जिसकी रिपोर्ट आपकी ओर सादर सादर प्रेषित है।
(कृपया महाविद्यालय की वेबसाइट में अपलोड करने का कष्ट करेंगे)

संलग्नः–

01. कुष्ठ रोग की जन जागरूकता रैली रिपोर्ट।

College Kachandur Durg
565
28/01/26

Prof. विभागाध्यक्ष
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Department of Community Medicine
CCM Govt. Medical College Durg (CG)
Awareness Rally Report: Leprosy Awareness Campaign"

1) **Name Of Event-** Leprosy Awareness Campaign Rally conducted in Kurud, Bhilai

2) **Introduction-** In accordance with the WHO 2026 theme **"Leprosy is curable, the real challenge is stigma"**, a field-based Leprosy Awareness Campaign was conducted in the field practice area to create awareness regarding leprosy, its early symptoms, mode of transmission, availability of free treatment, and prevention of disability. The activity aimed to reduce stigma associated with leprosy and encourage early reporting and treatment among the community.

AREA VISITED – Kurud .

3) **Objectives-**

- To assess the level of community awareness regarding leprosy.
- To identify suspected cases of leprosy based on early signs and symptoms.
- To educate the public about early detection and free availability of MDT.
- To reduce stigma and misconceptions related to leprosy

4) **Date Of Event-** 07/01/2026

5) **Organized by:** CCMGMC Medical College, Kachandur Durg

6) **Total Number Of Staff Participated in camp-** 1 Doctor, 3 Interns & 48 Students

7) **Photos-**

8) Methods Used -

The health team conducted a community-based Leprosy Awareness campaign in Kurud.

- Door-to-door awareness campaign
- Education on early signs and symptoms of leprosy
- Clarification of myths and stigma

9) Coverage -

Total people contacted: 20

Total people interacted with: 35

Community acceptance: Moderate

10) Key Findings –

- Awareness about leprosy was limited among community members
- Some individuals believed leprosy to be incurable or hereditary
- Stigma and fear of social isolation were observed among a few families.

11) HEALTH MESSAGES DELIVERED

The following important points were communicated to the community:

- **About Leprosy**
  - Leprosy is a curable disease.
  - Caused by Mycobacterium leprae
- **Early Symptoms** (Hypopigmented/reddish patches with loss of sensation,Tingling, thickened nerves,Non Healing wounds)
- **Non-healing woundsTreatment & Prevention**
  - Free MDT available at government health facilities.
  - Early treatment prevents deformities.

Consolidate Report-

On 07.01.2026, a Leprosy Awareness Campaign was organized by **CCM Government Medical College** at Kurud, Chhattisgarh. The campaign was successful in creating awareness regarding leprosy, promoting early detection, and encouraging timely initiation of treatment. Continued community-based efforts will contribute significantly towards the elimination of leprosy and reduction of disability in the area.

The activity was conducted by the Department of Community Medicine under the guidance of Dr. Saurabh Kumar Sahu (HOD)

The field activity was carried out by Dr. Abhishek Rai along with Interns, MBBS students, and staff member of the department

HOD

Community Medicine Department

कार्यालय कम्युनिटी मेडिसीन विभाग
चंदूलाल चन्द्राकर स्मृति शासकीय चिकित्सा महाविद्यालय कचान्दुर
जिला–दुर्ग (छ.ग.)

क्र. /80/ कम्यु.मेडि / चं.चं.शा.चि.म. / दुर्ग दिनांक 09 /03/ 2026

प्रति,

अधिष्ठाता
चन्दूलाल चन्द्राकर स्मृति शासकीय चिकित्सा
महाविद्यालय, कचान्दुर (छत्तीसगढ़)

विषय– कम्युनिटी मेडिसीन विभाग द्वारा कराये गये स्वास्थ्य शिक्षा कार्यक्रमों की रिपोर्ट प्रस्तुत करने बाबत्।

महोदया

उपरोक्त विषयांतर्गत लेख है कम्युनिटी मेडिसीन विभाग द्वारा दिनांक 16.02.2026 को राष्ट्रीय शहरी प्रशिक्षण केन्द्र, बैकुण्ठधाम, भिलाई (दुर्ग) एवं दिनांक 21.02.2026 को जेवरा सिरसा में विभाग द्वारा स्वास्थ्य शिक्षा पर आधारित कार्यक्रम आयोजित किए गए थे, जिनकी रिपोर्ट आपकी ओर सादर प्रेषित है।

नोटः– कृपया संलग्न पत्र को महाविद्यालय की वेबसाइट पर अपलोड करने का कष्ट करें।

धन्यवाद

संलग्नः–
1. बैकुण्ठधाम की स्वास्थ्य शिक्षा रिपोर्ट।
2. जेवरा सिरसा की स्वास्थ्य शिक्षा रिपोर्ट।

IIT
S.S./D.O.

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09/03/26

विभागाध्यक्ष
(कम्युनिटी मेडिसीन विभाग)
चन्दूलाल चन्द्राकर स्मृति शासकीय
चिकित्सा महाविद्यालय, दुर्ग

Dept. of Community Medicine
Chandulal Chandrakar Memorial Medical College
Kachandur, Durg(C.G.)

Department of Community Medicine
CCM Govt. Medical College Durg (CG)
Health Education

Cancer Awareness Activity

1) **Name Of Event-** Cancer Awareness Activity was conducted at UHTC Baikunthdham, Durg

2) **Objectives-** Educating the community about cancer prevention, early detection, and the importance of timely treatment.

To create awareness about common types of cancer

To promote early signs and symptoms of cancer

To encourage healthy lifestyle practices and regular screening

3) **Date Of Event-** 16/02/2026

4) **Organized by:** CCMGMC.Medical College, Kachandur Durg

5) **Photos-**

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Dept. of Community Medicine
CCM Govt. Medical College
Kachandur, Durg (C.G.)

6) Consolidate Report-

On 16/02/2026, Cancer Awareness Activity was conducted at UHTC Baikunthdham, Durg

The programme was conducted by Community Medicine Department with Dr. Leena Chandra (Senior Resident) under guidance of Dr. Saurabh Kumar Sahu Head, Department of Community Medicine, CCM Govt. Medical College.

Following were the key activities-

a. The session included a skit by healthcare professionals focusing on risk factors, warning signs, and preventive measures related to cancer.
b. Educational messages on tobacco cessation, balanced diet, physical activity, and regular health check-ups were emphasized.
c. Local community members, including adults and elderly residents, actively participated in the program Queries raised by participants were addressed satisfactorily by the medical team.

7) Conclusion

The Cancer Awareness Activity at UHTC Baikunthdham was informative and well-received. Such programs play a vital role in reducing cancer-related morbidity and mortality through awareness and early detection.

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Hand Washing Awarness Rally

1) Name Of Event- Hand Washing Awareness Activity was conducted at Jevra Sirsa, Durg.

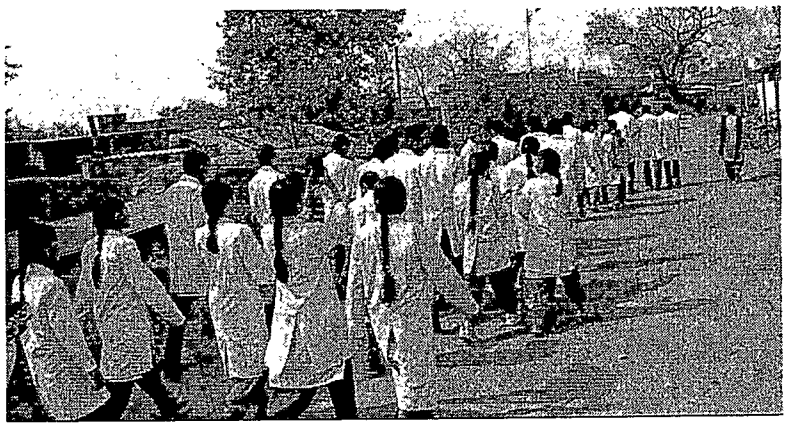
2) Objectives- Hand hygiene is one of the most effective and simple measures to prevent the spread of infectious diseases. To promote awareness about proper hand washing practices, a Hand Washing Awareness Rally was organized.

1. To create awareness about the importance of hand hygiene.
2. To educate the community about correct hand washing techniques.
3. To prevent the spread of communicable diseases.
4. To encourage behavioral change towards regular hand washing.

3) Date Of Event- 21/02/2026

4) Organized by: CCMGMC Medical College, Kachandur Durg

5) Photos-



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6) Consolidate Report-

On 21/02/2026, Hand Washing Awareness Activity was conducted at Jevra Sirsa, Durg.

The programme was conducted by Community Medicine Department with Dr Abhishek Rai (Junior Resident) under guidance of Dr. Saurabh Kumar Sahu Head, Department of Community Medicine, CCM Govt. Medical College.

Following were the key activities-

1. Rally conducted in nearby community/streets with awareness slogans.
2. Display of posters and placards highlighting hand washing steps.
3. Demonstration of proper hand washing technique.
4. Interaction with community members.
5. Awareness slogans shouted by participants.

7) Conclusion

Hand Washing Awareness Activity was conducted at Jevra Sirsa, Durg.
The Hand Washing Awareness Rally was effective in spreading awareness about hand hygiene and its role in disease prevention. Such initiatives should be conducted regularly to improve public health and hygiene behavior.

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